

BodyMatters Canine Bowen



Canine's Name :

Owners Details:

CBTA Practitioners

- Do not Diagnose
- Do not treat conditions
- Do not prescribe or alter medications
- Do not force CBT on a dog
- Work to a strict code of practice and professional ethics
- Fulfil annual CPD requirements
- Maintain their own liability Insurance
- Only work in collaboration with vets*

Dear Veterinary Practitioner,

The person giving you this letter has asked me to use Canine Bowen Technique (CBT) with their dog.

To ensure the dog's welfare and to provide the best possible complementary support, I have advised the owner that it is important for me to check that their dog is receiving appropriate veterinary care for any current health conditions it may have, prior to my working with the dog. I am therefore writing to ask you to complete the attached form, confirming that their dog is currently in your care, has been examined by you within the last twelve months, and, where necessary, is receiving the primary veterinary care appropriate to any conditions you have diagnosed.

I confirm that I am GDPR compliant, and will keep confidential any information shared between yourself, the owner and me. I also confirm that I have Public Liability and Professional Indemnity Insurance covering my work with dogs.

Further explanation regarding Canine Bowen Technique and about me personally is given on the attached sheet but if you require further clarification, then please contact me directly via email/telephone.

Thank you for your help.

Yours sincerely,

Catherine Allen

**CBTA practitioners will only offer CBT in collaboration with the dog's vet and only after receiving confirmation that the owner is working directly with their veterinary practice in matters concerning their dog's current health.*



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Owner Confirmation (for completion by Dog's Owner/Carer)

Owner's Name/Address.....

Dog's name..... Breed..... Age.....

I wish to have Canine Bowen Technique used with my dog.

I confirm that I have disclosed and discussed my dog's health concerns with the veterinarian and give my consent for the veterinarian to share information with you.

Owner Signature:..... **Date:**.....

Veterinary Confirmation

(for completion by Veterinary Surgeon)

Please can you confirm that :-

- the dog detailed above is currently in your care
- you have examined the dog within the last 12 months
- the dog is receiving the necessary veterinary care for its current health/conditions

Practice Details & Practice Stamp (Required)

Summary of Medical History/medical history provided.....

.....

.....

Medication details.....

Would you like to be kept informed about the CBT sessions? **Y / N**

If so, please tick one of these boxes to indicate whether by telephone or written report via email

Telephone Or Written Report Email/Tel. No:

This letter is not a referral request and as Veterinary Surgeons we are not responsible for any actions carried out by the CBT practitioner.

Name of Veterinary Surgeon.....

Veterinarian Signature..... **Date**.....



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Canine Bowen Technique

Canine Bowen Technique (CBT) is a gentle form of soft-tissue bodywork involving 'light-touch' moves of fingers or thumbs over muscle, ligament, tendon and/or fascia at specific points of the dog's body. The work is very subtle and involves no hard or prolonged pressure. It offers dogs a gentle, non-invasive, hands-on technique that aims to promote and support the body's own powers of relaxation and self-healing.

We would emphasise that we use CBT complementary to - i.e. in conjunction with, not as an alternative to - proper veterinary care and insist that owners are working directly with their vets to provide all current primary veterinary care, prior to commencing a CBT session. Under no circumstances do we diagnose, treat conditions, prescribe or alter any medication.

Problems frequently presented at CBT sessions in the past have included:

- Acute injury – minor sprains and strains
- Chronic illness and degenerative disease – to help improve/maintain the dog's quality of life
- Rescue/re homed dogs – to help with the relaxation of tenseness from previous trauma
- Pre- and post- surgery – as an aid to reducing recovery times
- Fear-based anxieties, such as thunderstorms or fireworks
- Behavioural problems, brought on by stress-related issues

It can be used with dogs of all ages and especially the elderly dog, aiming to promote relaxation and reduce the stresses of old age.

CBT is never forced on the dogs - indeed an important part of the Canine Bowen Technique qualification is teaching participants to recognise and respect when the dog indicates it has received what it needs - and if it wishes to walk away, then it is allowed to do so.

Qualified CBTA Canine Bowen Technique practitioners have also completed training in human Bowen Technique, which ensures that they have a thorough grounding in the principles and workings of the Bowen Technique.

History

CBT is based on the principles of the Bowen Technique, a successful human bodywork-system named after its developer, Tom Bowen (1916-1982), which was developed in Australia during the 1950's, and brought to the UK in the early 1990's. Its adaptation in the UK for use on dogs was started in 2001 by Bowen practitioners and dog trainers/behaviourists Sally and Ron Askew, who started on their own dogs, and then, with the cooperation and support of their local vets, integrated their findings into their canine behavioural and rehabilitation work with great success.

In 2003 with the collaboration of their veterinarian, Sally and Ron designed a professional program of training with an holistic approach, and set up the European Guild of Canine Bowen Therapists



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(EGCBT) to train, promote, represent and regulate a network of properly skilled and experienced Canine Bowen Technique practitioners. Their EGCBT course has been running in the UK since 2004 and is currently the only course in Bowen for dogs recognised by both the Bowen Therapy Professional Association (BTPA) and Bowen Association UK (BAUK), the two leading associations of professional Bowen practitioners in the UK. The course has also been held in Switzerland, Germany and the Netherlands.

In December 2017 Sally and Ron decided to retire, but have given their permission and support for their pioneering work with dogs to be continued by the Canine Bowen Technique Association (CBTA - see www.cbta.org.uk), formed by a group of Canine Bowen Technique Practitioners who had been previously trained by and accredited with EGCBT. CBTA replaced the European Guild of Canine Bowen Therapists after 31st December 2017.

If you have any further questions, I would be happy to talk to you on the phone or visit to your practice to discuss our modality and work with dogs.

Catherine Allen
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CANINE
BOWEN
TECHNIQUE
ASSOCIATION

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